



Carbon Reduction Plan

January 2026

Organisation	Parias Construction and Interiors LTD
Baseline Year	2024
Reporting Period	Calendar Year 2025
Plan Owner	Senior Management Team
Approval	Reviewed and approved by a Director (see sign off)

Net Zero Commitment

This Carbon Reduction Plan outlines the commitment of Parias Construction and Interiors Ltd (PCI), a company specialising in fit outs and refurbishment works within the education and health sectors, to reduce its carbon footprint. The plan supports our goal to achieve Net Zero emissions by 2050 and aligns with industry best practices and regulatory requirements.

PCI was founded in 1984 and, over the past decade, has significantly expanded its expertise in specialist medical installations and refurbishment projects across both public and private healthcare sectors. PCI combines the professional standards and capabilities of a large organisation with the agility, responsiveness, and personal service of a smaller company.

As a forward-thinking business committed to responsible practices, PCI recognises the critical importance of addressing climate change and actively supports efforts to decarbonise the economy for a greener, more sustainable future. We have pledged to achieve Net Zero carbon emissions across our own operations (Scopes 1 and 2) by 2040, and to reach Net Zero across all activities (Scopes 1, 2, and 3) by 2050 at the latest.

Public availability: This CRP will be published at www.parias.co.uk and updated at least annually.

Baseline Emissions Assessment

Baseline emissions were assessed in the year 2024. These are a record of the greenhouse gases that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions. They are the reference point against which emissions reduction can be measured.

Total emissions were calculated as follows:
(Our emissions are reported in kg)

Emissions (2024)	Total (kgCO₂e)
Scope 1	
<ul style="list-style-type: none"> • Fuel consumed in company-owned vehicles • Fuel oil used to power plant and equipment on site • Gas used to power office heating systems 	71526
Scope 2	
<ul style="list-style-type: none"> • Purchased electricity (main office) 	19542
Scope 3- Not included in the report boundary	-
TOTAL	91,068

Current Emissions Reporting
Reporting Calendar Year 2025

Emissions (2025)	Total (kgCO₂e)
Scope 1 <ul style="list-style-type: none"> Fuel consumed in company-owned vehicles Fuel oil used to power plant and equipment on site Gas used to power office heating systems 	87612
Scope 2 <ul style="list-style-type: none"> Purchased electricity (main office) Electricity usage for EV cars 	6103
Scope 3 (Estimated) <ul style="list-style-type: none"> Emissions from business travel and commuting Waste generated in operations 	17799.62 6507.58
TOTAL	118022.20

Emission Reduction Targets

PCI aims to reduce total emissions aligned with the Science-Based Targets initiative and UK government guidelines.

Near-term target:

- 30% absolute reduction in total Scope 1+2 emissions by 2030 from the 2024 baseline.

Interim milestones:

- 2027: ≥10%,
- 2028: ≥20%,
- 2030: ≥30%.

Long-term target:

- Net Zero by 2050.

Reduction Strategies and Actions

Category	Action	Timeline	Responsible Party	Expected Impact
Energy Efficiency	LED lighting retrofit	2028	Landlord liaison	↓ Scope 2 emissions
Renewable Energy	Switch to green electricity supplier	2028	Landlord liaison	↓ Scope 2 emissions

Transportation	Transition to EV/Hybrid for 40% of fleet	2028	Directors	↓ Scope 1 emissions
Waste Management	Improve recycling rates Elimination and reduction of waste by use of Site Waste Management Plan	2026–2030	Sustainability Team	↓ Scope 3 emissions
Supply Chain	Engage suppliers on carbon reporting	2026–2030	Commercial Team	↓ Scope 3 emissions

Offsetting Principles (Last Resort)

PCI prioritises absolute emissions reductions. Offsetting will be used only for residual emissions that remain hard-to-abate, guided by these principles:

- Preference for high-quality, verified credits (e.g., recognised standards).
- Focus on durable removals over time, with transparency on project type and vintage.
- Annual disclosure of volumes retired and project details.
- Offsetting strategy to be finalised for implementation **by 2028**.

Monitoring and Reporting

Emissions will be tracked annually by collating information and calculating on the PCI emissions tracker. Key performance indicators include total CO₂e emissions, energy consumption, and waste diversion rates. Reports will be published in the annual sustainability report that is shared with stakeholders.

Governance and Stakeholder Engagement

The senior management team will oversee the implementation of the plan. Internal communications will include quarterly updates, while external stakeholders such as clients and investors will be engaged through annual reports and project briefings.

Reduction Strategies and Actions

These are initiatives that we already take part in or are in the process of undertaking:

- Our landlord has installed EV charging points at our offices.
- Using energy efficient welfare and site office cabins as well as LED/solar/hybrid lighting systems.
- Operating a policy to maximise the use of technology such as Microsoft Teams to reduce travel and improve work-life balance.
- Achieving and maintaining third party certification to ISO 14001:2015; consequently, all our activities are subject to defined environmental management standards applicable across all of our business activities.
- PCI will look to create a route to net zero map, that will provide more specific targets to hit our current milestone of Net Zero by 2050.
- Developing an internal carbon offsetting strategy for implementation by 2028.

NHS Procurement Compliance

This Carbon Reduction Plan has been prepared in accordance with NHS England's procurement policy and the requirements outlined in Procurement Policy Note (PPN) 006. It includes a Net Zero Commitment, reporting of Scope 1 and Scope 2 emissions, and a subset of Scope 3 emissions as required for contracts above £5 million per annum. The plan is publicly available and will be updated regularly to reflect progress and future milestones.

Net Zero Commitment

Our organisation is committed to achieving Net Zero carbon emissions by 2050, in alignment with NHS England's Net Zero Supplier Roadmap. This commitment has been approved and signed by a Director and is publicly available on our website.

Future Roadmap Milestones

In accordance with NHS England's roadmap, the following milestones will be met:

- April 2027: Publish CRP covering global Scope 1, 2, and 3 emissions.
- April 2028: Begin carbon footprinting of individual products supplied to the NHS.
- April 2030: Demonstrate progress through published reports and continued carbon emissions reporting.

Review and Continuous Improvement

The plan will be reviewed every two years, with the annual carbon emissions being updated annually. Targets and actions will be updated based on performance data, stakeholder feedback, and technological advancements.

This Carbon Reduction Plan has been reviewed and approved by a Director of the company.

Name: Marcus Parias

Title: Operations Director

Date: 29th January 2025

Signed by:
Marcus Parias
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